



The Munro Society

THE 283 MUNRO SUMMITS

(with thanks to Iain R White of ISYS OUTDOORS for permission to use the Gaelic names in the tables)

The column 'No' is the number assigned in the Tables. Missing numbers refer to the subsidiary tops not listed here.

SECTION 1 : LOCH LOMOND TO LOCH TAY

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	974	NN 367029	56	Ben Lomond	Beinn Laomainn
2	926	NN 272067	56	Beinn Narnain	Beinn Narnain
3	1011	NN 255085	56	Beinn Ime	Beinn Ime
4	915	NN 278098	56	Ben Vane	Beinn Mheadhain
5	943	NN 295123	56/50	Ben Vorlich	Beinn Mhùrlaig
7	948	NN 204187	56/50	Beinn Bhuidhe	Beinn Bhuidhe
8	916	NN 251256	50	Beinn a' Chleibh	Beinn a' Chlèibh
9	1130	NN 266263	50	Ben Lui	Beinn Laoigh
10	1029	NN 287253	50	Ben Oss	Beinn Os
11	978	NN 308255	50	Beinn Dubhchraig	Beinn Dubhchreag
12	933	NN 367180	50/56	Beinn Chabhair	Beinn Chabhair
13	995	NN 379193	50/56	An Caisteal	An Caisteal
14	940	NN 394186	50/56	Beinn a' Chroin	Beinn a' Chroin
16	946	NN 416196	56	Beinn Tulaichean	Beinn Tulaichean
17	1046	NN 409211	51/56	Cruach Ardrain	Cruach Ardrain
19	1165	NN 434226	51	Stob Binnein	Stob Binnein
22	1174	NN 432244	51	Ben More (Breadalbane)	Beinn Mhòr
23	975	NN 617175	57	Stuc a' Chroin	Stùc a' Chroin
24	985	NN 629189	57	Ben Vorlich (Strathyre)	Beinn Mhùrlaig
25	931	NN 773309	51/52	Ben Chonzie	Beinn Chòinneach

SECTION 2 : LOCH TAY TO RANNOCH MOOR

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	1025	NN 386322	50	Ben Challum	Beinn Chaluim
3	959	NN 431322	51	Meall Glas	Meall Glas
5	921	NN 462317	51	Sgiath Chùil	Sgiath Chùil
7	1047	NN 391361	50	Creag Mhòr	Creag Mhòr
9	1078	NN 413383	51	Ben Heasgarnich	Beinn Sheasgairnich
10	1039	NN 514397	51	Meall Ghaordie	Meall Ghaordaidh
11	1076	NN 326378	50	Ben Dorain	Beinn Dòbhrain
12	1004	NN 332408	50	Beinn an Dothaidh	Beinn an Dòthaidh
13	1038	NN 344432	50	Beinn Achaladair	Beinn Achaladair
15	1081	NN 373441	50	Beinn a' Chreachain	Beinn a' Chreachain
17	953	NN 373412	50	Beinn Mhanach	Beinn Mhanach
19	1044	NN 585390	51	Meall nan Tarmachan	Meall nan Tarmachan
24	1069	NN 616410	51	Meall Corranaich	Meall Corranaich
25	926	NN 612439	51	Meall a' Choire Leith	Meall a' Choire Lèith
26	1103	NN 626404	51	Bheinn Ghlas	Bheinn Ghlas
27	1214	NN 636414	51	Ben Lawers	Beinn Labhair
29	1118	NN 639430	51	An Stùc	An Stùc
30	1118	NN 644437	51	Meall Garbh	Meall Garbh
31	1001	NN 674438	51	Meall Greigh	Meall Greigh
32	960	NN 483449	51	Stuchd an Lochain	Stùc an Lochain
34	932	NN 498499	51	Meall Buidhe (Glen Lyon)	Meall Buidhe
35	1029	NN 635501	51	Càrn Gorm (Glen Lyon)	Càrn Gorm
37	968	NN 646517	51	Meall Garbh (Glen Lyon)	Meall Garbh
38	1041	NN 684512	51	Càrn Mairg	Càrn Mairg
41	981	NN 695496	51	Meall nan Aighean	Meall nan Aighean
42	1083	NN 713547	51/52	Schiehallion	Sìdh Chailleann

SECTION 3 : STRATH ORCHY TO LOCH LEVEN

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	1126	NN 069304	50	Ben Cruachan	Beinn Cruachan
5	998	NN 095308	50	Stob Diamh	Stob Daimh
8	980	NN 110328	50	Beinn a' Chochoill	Beinn a' Chochoill
9	989	NN 136328	50	Beinn Eunaich	Beinn Eunaich
10	960	NN 149405	50	Beinn nan Aighenan	Beinn nan Aigheanan
11	1078	NN 126427	50	Ben Starav	Beinn Starbhan
15	997	NN 153429	50	Glas Bheinn Mhor	Glas Bheinn Mhòr
16	1044	NN 169442	50	Stob Coir' an Albannaich	Stob Coir' an Albannaich
17	928	NN 192449	50	Meall nan Eun	Meall nan Eun
18	1090	NN 230455	50	Stob Ghabhar	Stob Ghobhar
21	945	NN 258461	50	Stob a' Choire Odhair	Stob a' Choire Odhair
22	1100	NN 238507	41	Creise	Crèise
25	1108	NN 251503	41	Meall a' Bhuiridh	Meall a' Bhùiridh
26	937	NN 053461	50	Beinn Sgulaird	Beinn Sgulaird
27	959	NN 095498	50	Beinn Fhionnlaidh (Argyll)	Beinn Fhionnlaigh
28	994	NN 111518	41	Sgor na h-Ulaidh	Sgòr na h-Ulaidh
30	1001	NN 040555	41	Sgorr Dhonuill	Sgòrr Dhòmhaill
31	1024	NN 056558	41	Sgorr Dhearg	Sgòrr Dhearg
33	1150	NN 143542	41	Bidean nam Bian	Bidean nam Bian
36	1072	NN 155536	41	Stob Coire Sgreamhach	Stob Coire Sgreamhach
39	958	NN 179535	41	Stob Dubh	Stob Dubh
40	925	NN 191548	41	Stob Coire Raineach	Stob Coire Raineach
41	956	NN 191526	41	Stob na Broige	Stob na Bròige
43	1021	NN 223543	41	Stob Dearg	Stob Dearg
45	967	NN 141583	41	Sgorr nam Fiannaich	Sgòrr nam Fiannaich
47	953	NN 161584	41	Meall Dearg	Meall Dearg

SECTION 4 : LOCH LINNHE TO LOCH ERICHT

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	939	NN 122662	41	Mullach nan Coirean	Mullach nan Coirean
3	999	NN 148654	41	Stob Ban (Mamore Forest)	Stob Bàn
4	1099	NN 165667	41	Sgurr a' Mhaim	Sgùrr a' Mhàim
7	1032	NN 176651	41	Am Bodach (Mamore Forest)	Am Bodach
8	981	NN 185661	41	Stob Coire a' Chairn	Stob Coire a' Chàirn
9	982	NN 187670	41	An Gearanach	An Gearanach
11	1056	NN 203652	41	Na Gruagaichean	Na Gruagaichean
13	1130	NN 212663	41	Binnein Mor	Binnein Mòr
16	943	NN 222677	41	Binnein Beag	Binnein Beag
17	1010	NN 231658	41	Sgurr Eilde Mor	Sgùrr Eilde Mòr
18	1344	NN 166713	41	Ben Nevis	Beinn Nibheis
21	1223	NN 177722	41	Carn Mor Dearg	Càrn Mòr Dearg
23	1234	NN 196715	41	Aonach Beag (Lochaber)	Aonach Beag
26	1221	NN 193730	41	Aonach Mor	Aonach Mòr
29	1094	NN 228714	41	Sgurr Choinnich Mor	Sgùrr Chòinnich Mòr
31	1116	NN 240725	41	Stob Coire an Laoigh	Stob Coire an Laoigh
36	1177	NN 262738	41	Stob Choire Claurigh	Stob Choire Chlamhrais
40	977	NN 266724	41	Stob Ban	Stob Bàn
41	1115	NN 308730	41	Stob Coire Easain	Stob Coire Easain
42	1105	NN 316736	41	Stob a' Choire Mheadhoin	Stob a' Choire Mheadhain
43	935	NN 376696	41	Beinn na Lap	Beinn na Lap
44	1046	NN 377741	41	Chno Dearg	Cnò Dearg
46	979	NN 356744	41	Stob Coire Sgriodain	Stob Coire Sgriodain
48	941	NN 418661	42	Carn Dearg (Corroul Forest)	Càrn Dearg
49	955	NN 444674	42	Sgor Gaibhre	Sgòr Gaibhre
51	1148	NN 496718	42	Ben Alder	Beinn Eallair
52	1019	NN 517717	42	Beinn Bheoil	Beinn Bheòil
54	1102	NN 449733	42	Beinn Eibhinn	Beinn Eibhinn
57	1116	NN 458742	42	Aonach Beag B Eallair Forest	Aonach Beag
58	1132	NN 470746	42	Geal-Charn	Geal Chàrn
60	1034	NN 504764	42	Carn Dearg (B Eallair Forest)	Càrn Dearg
62	1087	NN 471781	42	Beinn a' Chlachair	Beinn a' Chlachair
63	1049	NN 504812	42	Geal Charn Ardverikie Forest	Geal Chàrn
64	924	NN 488814	42	Creag Pitridh	Creag Phitridh

SECTION 5 : LOCH RANNOCH TO DRUMOCHTER

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	991	NN 599731	42	Sgairneach Mhor	Sgàirneach Mhòr
2	1011	NN 579739	42	Beinn Udlamain	Beinn Udlamain
3	975	NN 604763	42	A' Mharconaich	A' Mharcanaich
4	917	NN 597780	42	Geal-charn (Drumochter)	Geal Chàrn
5	936	NN 661776	42	A' Bhuidheanach Bheag	A' Bhuidheanach Bheag
7	941	NN 677822	42	Carn na Caim	Càrn na Caim
8	951	NN 716879	42	Meall Chuaich	Meall Chuaich

SECTION 6 : GLEN GARRY TO BRAEMAR

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	1008	NN 853778	43	Beinn Dearg (Atholl)	Beinn Dearg
2	963	NN 916758	43	Carn a' Chlamain	Càrn a' Chlamhain
3	994	NN 905842	43	Carn an Fhìdhleir (Carn Ealar)	Càrn an Fhìdhleir
4	1006	NN 933836	43	An Sgarsoch	An Sgarsach
5	975	NN 936698	43	Carn Liath	Càrn Liath
6	1070	NN 946724	43	Braigh Coire Chruinn-bhalgain	Bràigh Coire Chruinn-bhalgain
7	1121	NN 971733	43	Carn nan Gabhar	Càrn nan Gobhar
9	1051	NO 051760	43	Glas Tulaichean	Glas Thulaichean
10	1029	NO 028772	43	Carn an Rìgh	Càrn an Rìgh
11	1045	NO 045792	43	Beinn Iutharn Mhor	Beinn Iutharna Mhòr
14	946	NO 051832	43	Carn Bhac	Càrn Bhac
16	944	NO 079799	43	An Socach (Glen Ey Forest)	An Socach
18	975	NO 107767	43	Carn a' Gheoidh	Càrn a' Gheòidh
20	933	NO 135773	43	The Cairnwell	An Càrn Bhalg
21	917	NO 134792	43	Carn Aosda	Càrn Aosda

SECTION 7 : GLENSHEE TO MOUNT KEEN

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	987	NO 155745	43	Creag Leacach	Creag Leacach
3	1068	NO 166765	43	Glas Maol	Glas Maol
6	1064	NO 185789	43	Cairn of Claise	Càrn na Claise
8	1019	NO 174804	43	Carn an Tuirc	Càrn an Tuirc
9	947	NO 271736	44	Driesh	Dris
10	928	NO 241738	44	Mayar	M' aighear
11	957	NO 214788	44	Tom Buidhe	Tom Buidhe
12	958	NO 210800	44	Tolmount	Tolmonadh
14	998	NO 240815	44	Broad Cairn	Càrn Bràghaid
16	1012	NO 223825	44	Cairn Bannoch	Càrn nam Bonnach
20	1047	NO 208843	44	Carn an t-Sagairt Mor	Càrn an t-Sagairt Mhòir
21	1110	NO 226845	44	Carn a' Choire Bhoideach	Càrn a' Choire Bhòidhich
25	1155	NO 244861	44	Lochnagar - Cac Carn Beag	Cac Càrn Beag
30	939	NO 409869	44	Mount Keen	Monadh Caoin

SECTION 8 : THE CAIRNGORMS

No	Ht(m)	Grid Ref	Map	Name	Gaelic Name
1	1019	NN883927	35/36.	Mullach Clach a' Bhlair	Mullach Clach a' Bhlàir
2	1118	NN903989	36/43	Sgor Gaoith	Sgòr Gaoith
8	1157	NN954923	43	Beinn Bhrotain	Beinn Bhrotain
10	1113	NN938942	43	Monadh Mor	Monadh Mòr
12	1004	NN976951	36/43	The Devil's Point	Bod an Deamhain
13	1291	NN963972	36/43	Cairn Toul	Càrn an t-Sabhail
15	1258	NN954976	36/43	Sgor an Lochain Uaine	Sgòr an Lochain Uaine
16	1296	NN953999	36/43	Braeriach	Bràigh Riabhach
19	1037	NN994952	36/43	Carn a' Mhaim	Càrn a' Mhàim
20	1309	NN989989	36/43	Ben Macdui	Beinn MhicDhuibh
23	1244	NJ 005040	36	Cairn Gorm	Càrn Gorm
28	1155	NO017980	36/43	Derry Cairngorm	Doire a' Chàirn Ghuirm
31	1182	NJ 024016	36	Beinn Mheadhoin	Beinn Mheadhain
34	1090	NJ 042063	36	Bynack More	Beannag Mhòr
37	931	NO058970	43/36	Beinn Bhreac	Beinn Bhreac
39	1083	NJ 045013	36	Beinn a' Chaorainn.	Beinn a' Chaorainn
41	1197	NJ 092005	36	Beinn a' Bhuid	Beinn a' Bhùird
45	1171	NJ 132019	36	Ben Avon	Leabaidh an Daimh Bhuidhe

SECTION 9 : GLEN ROY TO THE MONADH LIATH

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	915	NN 360859	34/41	Beinn Teallach	Beinn Teallach
2	1049	NN 386851	34/41	Beinn a' Chaorainn (Laggan)	Beinn a' Chaorainn
5	1128	NN 418875	34/42	Creag Meagaidh	Creag Meagaidh
10	1054	NN 429888	34/42	Stob Poite Coire Ardair	Stob Poite Coire Ardair
12	1006	NN 472903	34	Carn Liath	Càrn Liath
15	926	NN 561988	35	Geal Charn (Monadh Liath)	Geal Chàm
16	945	NH 635024	35	Carn Dearg (Monadh Liath)	Càrn Dearg
20	920	NH 684059	35	Carn Sgulain	Càrn Sgùlain
21	930	NH 681041	35	A' Chailleach (Monadh Liath)	A' Chailleach

SECTION 10 : LOCH EIL TO GLEN SHIEL

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	918	NN 220925	34	Meall na Teanga	Meall na Teanga
2	937	NN 222945	34	Sron a' Choire Ghairbh	Sròn a' Choire Ghairbh
3	956	NM 903880	40	Sgurr nan Coireachan Finnan	Sgùrr nan Coireachan
4	963	NM 939879	40	Sgurr Thuilm	Sgùrr Thuilm
5	987	NN 002876	41	Gulvain	Gaorr Bheinn
7	1040	NM 902966	33/40	Sgurr na Ciche	Sgùrr na Ciche
8	1013	NM 909961	33/40	Garbh Chioch Mhor	Garbh Chioch Mhòr
10	953	NM 933958	33/40	Sgurr nan Coireachan Kingie	Sgùrr nan Coireachan
11	1003	NM 965980	33/40	Sgurr Mor (Glen Kingie)	Sgùrr Mòr
12	919	NN 025995	33	Gairich	Gàirich
13	946	NM 849989	33/40	Meall Buidhe (Knoydart)	Meall Buidhe
15	939	NG 869008	33	Luinne Bheinn	Luinne Bheinn
17	1020	NG 824040	33	Ladhar Bheinn	Ladhar Bheinn
19	1027	NG 984065	33	Sgurr a' Mhaoraich	Sgùrr a' Mhaoraich
21	1035	NH 039054	33	Gleouraich	Gleadhraich
23	996	NH 066043	33	Spidean Mialach	Spidean Mialach
24	974	NG 836126	33	Beinn Sgritheall	Beinn Sgritheall
26	1010	NG 936131	33	The Saddle	An Diollaid NB. There is no record of this hill having a Gaelic name. An Diollaid is a translation of the English name.
30	946	NG 946113	33	Sgurr na Sgine	Sgùrr na Sgèine
32	918	NG 983112	33	Creag nan Damh	Creag nan Damh
33	1004	NH 005104	33	Sgurr an Lochain	Sgùrr an Lochain
34	1010	NH 015099	33	Sgurr an Doire Leathain	Sgùrr an Doire Leathain
35	981	NH 032088	33	Maol Chinn-dearg	Maol Chinn-dearg
36	1021	NH 051083	33	Aonach air Chrith	Aonach air Chrith
37	987	NH 074085	33	Druim Shionnach	Druim Shionnach
39	947	NH 088078	33	Creag a' Mhaim	Creag a' Mhàim

SECTION 11 : GLEN AFFRIC AND KINTAIL

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	1067	NG 978167	33	Sgurr Fhuaran	Sgùrr Urain
3	1002	NG 977159	33	Sgurr na Carnach	Sgùrr na Càrnach
4	1027	NG 984149	33	Sgurr na Ciste Duibhe	Sgùrr na Ciste Duibhe
6	956	NH 018148	33	Saileag	Sàileag
7	1036	NH 035143	33	Sgurr a' Bhealaich Dheirg	Sgùrr a' Bhealaich Dheirg
8	1001	NH 049137	33	Aonach Meadhoin	Aonach Meadhain
10	979	NH 062166	33	Ciste Dhubh	Ciste Dhubh
11	1120	NH 094148	33	A' Chrallaig	A' Chràlaig
14	1102	NH 095171	33	Mullach Fraoch-choire	Mullach Fraoch-choire
15	957	NH 146125	34	Carn Ghluasaid	Càrn Ghluasaid
16	1109	NH 129139	34	Sgurr nan Conbhairean	Sgùrr nan Conbhairean
19	1002	NH 133154	34	Sail Chaorainn	Sàil Chaorainn
22	1032	NH 018192	33	Beinn Fhada	Beinn Fhada
25	918	NH 008231	25/33	A' Ghlas-bheinn	A' Ghlas-bheinn
26	1151	NH 057228	25/33	Sgurr nan Ceathramhan	Sgùrr nan Ceathramhan
32	982	NH 081259	25/33	Mullach an Dheargain	Mullach an Deargain
35	921	NH 088230	25/33	An Socach (Glen Affric)	An Socach
36	1181	NH 120253	25	Mam Sodhail	Màm Sabhail
41	1183	NH 123262	25	Carn Eighe	Càrn Eighe

46	1005	NH 115282	25	Beinn Fhionnlaidh	Beinn Fhionnlaigh
47	1112	NH 163273	25	Tom a' Choinnich	Tom a' Chòinnich
50	1054	NH 194283	25	Toll Creagach	Toll Creagach

SECTION 12 : GLEN CANNICH TO GLEN CARRON

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	1069	NH 100332	25	An Socach	An Socach
2	1129	NH 134345	25	An Riabhachan	An Riabhachan
5	1150	NH 161351	25	Sgurr na Lapaich	Sgùrr na Lapaich
7	992	NH 182344	25	Carn nan Gobhar – G Cannich	Càrn nan Gobhar
9	945	NH 049412	25	Bidein a' Choire Sheasgaich	Bidein a' Choire Sheasgaich
10	986	NH 065404	25	Lurg Mhor	Lurg Mhòr
12	999	NH 076446	25	Sgurr Choinnich	Sgùrr Chòinnich
13	1053	NH 087447	25	Sgurr a' Chaorachain	Sgùrr a' Chaorachain
15	1007	NH 135458	25	Maoile Lunndaidh	Maoile Lunndaidh
17	913	NH 087480	25	Sgurr nan Ceannaichean *	Sgùrr nan Ceannaichean
18	928	NH 101499	25	Moruig	Mòruig
19	1049	NH 236437	25	Sgurr Fhuar-thuill	Sgùrr Fhuar-thuill
22	1083	NH 259430	25	Sgurr a' Choire Ghlais	Sgùrr a' Choire Ghlais
23	992	NH 273439	25	Carn nan Gobhar (Strathfarrar)	Càrn nan Gobhar
24	993	NH 289425	25	Sgurr na Ruaidhe	Sgùrr na Ruaidhe

*Following the Society's 'heightings' exercise in May/July 2009 the true height of 913m was confirmed for this hill. It is now not classified as a Munro

SECTION 13 : COULIN AND TORRIDON

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	933	NG 924498	25	Maol Chean-dearg	Maol-chean Dearg
2	960	NG 959504	25	Sgorr Ruadh	An Sgòrr Ruadh
3	925	NG 964519	25	Beinn Liath Mhor	Beinn Liath Mhòr
4	922	NG 859601	19/24	Tom na Gruagaich (Alligin)	Tom na Gruagaich
5	985	NG 866613	19/24	Sgurr Mhor (Alligin)	An Sgurra Mòr
6	1023	NG 912577	25	Mullach an Rathain	Mullach nan Rathan
9	1054	NG 929579	25	Spidean a' Choire Leith	Spidean a' Choire Lèith
12	1010	NG 951611	25	Ruadh-stac Mor (B Eighe)	An Ruadh-stac Mòr
13	972	NG 965597	25	Spidean Coire nan Clach	Spìodan Coire nan Clach

SECTION 14 : LOCH MAREE TO LOCH BROOM

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	981	NH 004691	19	Slioch	Slioch
3	967	NH 007748	19	A' Mhaighdean	A' Mhaighdean
4	918	NH 018756	19	Ruadh Stac Mor (Letterewe)	Ruadh Stac Mòr
5	937	NH 039727	19	Beinn Tarsuinn	Beinn Tarsainn
6	1018	NH 052735	19	Mullach CoireMhic Fhearchair	Mullach Coire MhicFhearchair
9	989	NH 055745	19	Sgurr Ban	Sgùrr Bàn
10	916	NH 061775	19	Beinn a' Chlaidheimh	Beinn a' Chlaidheimh
11	933	NH 147621	20	Fionn Bheinn	Fionn Bheinn
12	997	NH 136714	19	A' Chailleach (Wester Ross)	A' Chailleach
14	999	NH 158711	20	Sgurr Breac	Sgùrr Breac
15	923	NH 184697	20	Sgurr nan Each	Sgùrr nan Each
16	1093	NH 184715	20	Sgurr nan Clach Geala	Sgùrr nan Clach Gheala
17	934	NH 184733	20	Meall a' Chrasgaidh	Meall a' Chrasgaidh
18	1110	NH 203718	20	Sgurr Mor (Fannaich Forest)	Sgùrr Mòr
21	954	NH 219724	20	Beinn Liath Mhor Fannaich	Beinn Liath Mhòr Fannaich
22	949	NH 221696	20	Meall Gorm	Meall Gorm
24	923	NH 241680	20	An Coileachan	An Coileachan
25	1060	NH 064837	19	Sgurr Fiona	Sgùrr Fiona
31	1062	NH 069843	19	Bidein a' Ghlas Thuill	Bidein a' Ghlas Thuill

SECTION 15 : LOCH BROOM TO EASTER ROSS

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	1046	NH 463684	20	Ben Wyvis	Beinn Uais (Glas Leathad Mòr)
5	1084	NH 259812	20	Beinn Dearg (Inverlael Forest)	Beinn Dearg
6	978	NH 274816	20	Cona Mheall (InverlaelForest)	Cona Mheall
7	977	NH 257825	20	Meall nan Ceapraichean	Meall nan Ceapraichean
9	927	NH 257842	20	Eididh nan Clach Geala	Eididh nan Clach Geala
10	926	NH 281878	20	Seana Bhraigh	Seana Bhràigh
11	953	NH 303793	20	Am Faochagach	Am Faochagach

SECTION 16 : COIGACH TO CAPE WRATH

No	Ht (m)	Grid ref	Map	Name	Gaelic Name
1	987	NC 303199	15	Conival (Assynt)	Cona Mheall
2	998	NC 318201	15	Ben More Assynt	Beinn Mhòr Asainte
4	962	NC 585299	16	Ben Klibreck	Beinn na Cleith Bric
5	927	NC 477501	9	Ben Hope	Ben Hope

SECTION 17 : THE ISLANDS

No	Ht (m)	Grid Ref	Map	Name	Gaelic Name
1	966	NM 525330	48	Ben More (Mull)	Beinn Mhòr
1	924	NG 457195	32	Sgurr nan Eag	Sgùrr nan Eag
2	944	NG 458205	32	Sgurr Dubh Mor	Sgùrr Dubh Mòr
4	992	NG 450208	32	Sgurr Alasdair	Sgùrr Alasdair
7	948	NG 450210	32	Sgurr Mhic Choinnich	Sgùrr Mhic Choinnich
8	986	NG 445215	32	Inaccessible Pinnacle	Inaccessible Pinnacle
9	965	NG 440225	32	Sgurr na Banachdich	Sgùrr na Banachdaich
12	973	NG 445231	32	Sgurr a' Ghreadaidh	Sgùrr a' Ghreadaidh
14	918	NG 447235	32	Sgurr a' Mhadaidh	Sgùrr a' Mhadaidh
15	958	NG 461252	32	Bruach na Frithe	Bruach na Frithe
17	934	NG 465253	32	Am Basteir	Am Baistear
19	964	NG 471253	32	Sgurr nan Gillean	Sgùrr nan Gillean
21	928	NG 530217	32	Blaven	Blà Bheinn